

## MINUTES SMR Business Meeting Study

Wednesday, Apr 10th, 2024

**Attendees:** 7 - Eric, Sam, Heather, Jim R, Bill G, Stephen, Loraine

### 01. Call to Order [09:06]

**We open with the Serenity Prayer.**

### 02. Call to Service (*The following attendees offered to be of service*)

- a. Meeting Chairperson - Jim R
- b. Recording Secretary - Jim R
- c. Timekeeper - Sam
- d. Other (*optional*) -

(Record the meeting) **Not Recorded**

### 03. Statement of Purpose - read by Bill G

*We meet to discuss the various topics related to the business practices of the Strengthening My Recovery ACA meeting group. Our **GOAL** is to recommend to the meeting membership, for approval, standardized practices for conducting our business. All members are welcome to participate.*

### 04. Compartment Agreements - read by Bill G

### 05. Approval of the Minutes -

The minutes of the **Apr. 7th meeting** have been posted to our website. They are found at: <https://www.acamorning.org/study-business-meeting-practices/>

Motion to approve - Heather; 2nd - Bill G; unopposed

### 06. Adoption of the Agenda - Motion to adopt - Eric; 2nd - Heather; carries unopposed

- Agenda/Minutes. Do we drop these from our Study Group meeting practice?
- Our Study Meeting schedule.
- GUIDELINES - How to proceed?

### 07. Open issues (*Old Business*) 9:17

#### **Agenda/Minutes and Business Meeting Outline revisit**

Previously, our group suggested dropping 'adopting the Agenda' and 'approving of the Minutes' from the SMR Business Meeting practice. And there was the suggestion of having no reports during the Business Meeting. We will revisit these ideas.

Discussion: The focus was on the previous meeting where the decision was made to not have reports read at business meetings. Alternatives:

- Alternate between reports and old/new business, from month to month
- Half the reports in one month, the remaining reports the next month

- Offer the reports without providing time for questions and comments

Our task is to make a recommendation to the group. And we could also offer a menu of options and permutations from which members may decide. A Decision Tree. If we offer this, will members participate? Note: members doing the service for the group need to be heard in their reports.

Continued to look at the overall outline/agenda of the typical business meeting.

- How do we keep our business meetings from being derailed? This is the main issue.
- Yet, we need to provide the opportunities for members to recover through participation. This would allow for a certain amount of derailment.

Motion: Jim R will create a survey that could be offered to the membership as to the desired content of our business meetings. This will first be sent to the Biz Mtg Study participants for input. Eric; Second, Stephen. No opposition was voiced. Aiming to refine the survey in May, and to present to the membership in June.

### **Our Study Meeting Schedule**

We affirmed our meeting schedule: the 1st Sunday and subsequent Wednesday of the month.

### **Guidelines**

We are still determining which of the statements that are or have been used in our morning meeting script or our Group Conscience meetings will find a place in our **General Guidelines** of our Business Meetings going forward.

At this point, we simply asked ourselves if we liked the sentiment of the statement and wanted it in the Business script - final wording to happen later. Those we liked are in the **Proposed** column.

Discussion: Ideas were generated around the statement below, *“Be mindful - do not to distract others with written chats”*

- only chat to a designated servant
- encourage responsibility
- “does it need to be said”

These suggestions could be added to the survey about the Business Meeting content. We may be able to establish a chat policy for business meetings and have it footnoted in the script.

<b>GENERAL GUIDELINES FOR THE BUSINESS MEETING</b>
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<b>Group Comfort Rules and Guidelines</b> from the SMR Meditation Meeting script	<b>SMR General Guidelines</b> Highlights from GC Business Meeting script	<b>Proposed</b>
What you hear at this meeting should remain at the meeting. We do not talk about another person's story or experiences to other people. Please respect the anonymity of those who share with us today.		<b>Do not include</b>
Please be mindful. To minimize distractions, turn off your video when moving around or doing other activities while listening. Also, mute your audio when you are not speaking.	Be mindful - do not to distract others with written chats	Be mindful - do not to distract others with written chats

**08. New Business**

**09. Adjournment [00:00]ish**

Motion to Adjourn: Stephen, Seconded: Eric, unopposed

**Closing prayer**

Next meeting: **May 5th**

Minutes submitted by: Jim R

*If you have comments about the Business Meeting Study or our general SMR business practices, or would like to add to the agenda, please write to:*

*Jim at [12steps4jimr@gmail.com](mailto:12steps4jimr@gmail.com), subject line: **Biz Mtg Study**.*