

REVIEW SESSION 1

Thursday, July 17

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- Adopted suggested changes to the script
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The Meeting Script

Notes for meeting Chairpersons:

Please review, prior to starting the meeting, promptly at 7:30 A.M. Eastern Time (ET)

- Check your chat for any messages from the Tech Host or cohosts.
- ~~Gallery view is best for viewing all participants.~~
- Please keep your mic muted when others are reading or sharing to reduce kickback.
- Cohosts will provide support with keeping time, lowering 'hands' and muting mics / video as needed.

You may ask for a volunteer to do the reading either before the meeting or at the time of the reading.

OPEN THE MEETING: at 7:30 A.M. Eastern Time (ET)

Discussed and Unresolved:

"Good morning, Family! Welcome to our STRENGTHENING MY RECOVERY meeting.

Suggestion: Remove time orientation - "Hello" instead of Good morning

Suggestion: Change Family to read "Everyone"

Welcome everyone...

Good morning, good afternoon, good evening...

Good morning and welcome from wherever you are calling in from...

My name is _____ and I'll be your chairperson today.

Let's have a moment of silence and open the meeting with the ACA Serenity Prayer.

(pause 3 seconds)

NOTE: In the current script, there are boxes ON SCREEN with prompts for the Chair or Room Host to share the appropriate slide. This one reads **ACA Serenity Prayer**.

Discussed and Unresolved:

Motion 25-2: *that the script we use at our SMR meeting be reviewed, edited and brought before the membership for voting; that the method of updating the script follow the process used previously; and that beyond minor edits, an opportunity to announce group service needs, for 2 or 3 minutes, be incorporated into the 'pre' or opening of the meeting.*

General: notify that the meeting requires service... note the announcements to follow

Suggestion: *(see the original motion)* "Before we begin our meeting, we create a space to hear of any current service needs or upcoming service training.

Do we have a service announcement today?

As we begin, are there any service announcements?

"This is a meditation meeting.

We will have introductions of newcomers **and** review the comfort rules and guidelines. **Then** we will read the daily passage from Strengthening My Recovery, after which we have a 2-minute **silent** meditation.

We then go into breakout rooms for sharing on today's reading.

At 15 minutes after the hour, we have the self-care part of our meeting, with 1-minute shares.

At 24 minutes after the hour, we come back to the main room for announcements and our closing prayer.

In this meeting we time our own shares. ~~please get your timer ready.~~

~~Also~~ Please become comfortable with muting and unmuting your microphone and turning your video on and off.

You can use the chat feature to message the entire group or members privately.

Finally, we use the hand raise function for our initial 2-minute shares.

INTRODUCTIONS:

The Chairperson will ask newcomers to introduce themselves.

"If this is your first or second time at our meeting, we'd love you to introduce yourself.

Please unmute and give us your first name, where you're calling from, and whether you're new to ACA.

