

REVIEW SESSION 4

Thursday, August 21

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- Adopted suggested changes to the script
 - Suggestions highlighted in green will be addressed at another session
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READING: (Choose one of the following)

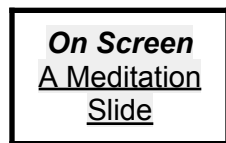
“Who would like to read today’s passage from Strengthening My Recovery?

If you have already read this month, please allow others an opportunity to serve.

Or

“Insert name” has volunteered to do today’s reading from Strengthening My Recovery.

NOTE: In the current script, there are boxes ON SCREEN with prompts for the Chair or Room Host to share the appropriate slide.



MEDITATION:

“Everyone, please mute your audio now, as we go into our 2-minute silent meditation.

I will welcome you back after two minutes.

Chairperson, set your timer for 2 minutes.

You may click “Mute All.”

After 2 minutes:

“Welcome back, everyone.

It’s now time for us to move into the breakout rooms for sharing.

Today’s Tech Host, insert name, will tell us more about that.”

TECH HOST INTRODUCTION:

“Hello, my name is _____.

To allow more people to share, we will be going into _____ breakout rooms.

In Room 1 will be _____ *[Moderator / Assistant also named]*

In Room 2 will be _____ “

In Room 3 will be _____ “

ETC...

“In a few moments, you will be moved randomly into a breakout room.

Thank you.

~~NOTE: Please do not send any Broadcast messages~~

IN THE BREAKOUT ROOMS:

“Welcome.

My name is _____, and I will be your Room Host for today.

~~**[And _____ is our moderator (or assistant)].**~~

It's now time for sharing on ~~the topic of~~ today's reading.

We hold a gentle and respectful space in this meeting.

Please set your timer for 2 minutes.

If you don't have a timer, just ask, and ~~someone in the group~~ I will keep time for you.

Please keep your mic muted when you are not sharing and turn your video off when moving around or doing other activities, while listening.

Suggestion: Add: ...other activities 'that might be distracting to others' while listening.

We go by a show of digital hands, in the order in which they are raised.

If you are dialing in, press Star-9 to raise your hand and Star-6 to both unmute and mute as needed.

If you're unable to raise your digital hand, you'll have an opportunity to share at the top of the hour .”

We will share until **about 15 minutes** after the hour at which time we will have the self-care part of our meeting, which today is _____.

Please remember: If using the Chat feature, do not distract from anyone who may be sharing at that time.

And we do not cross talk in our sharing or in the chat - which means, interrupting, referring to, commenting on, or using the content of what another person has shared.

When there are no hands raised we hold a space of meditative silence.

Suggestion: Add: 'To raise your digital hand go to the React button on the bottom of the screen shared'.

Suggestion: Add: 'You may turn on the captions feature to aid in hearing (?) what is shared '.

NOTE: These suggestions may fit better in the Comfort Rules and Guidelines after instructions on muting.

Room Hosts call on participants to share.

Cohosts assist in lowering hands and muting mics after a share.