

REVIEW SESSION 4

Thursday, August 21

We will discuss the suggestions for a script change. As a group, we will either:

- Adopt the suggested change
 - Adopt a modification to the suggested change
 - Reject the change
 - Move the decision to the final session
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READING: (Choose one of the following)

“Who would like to read today’s passage from Strengthening My Recovery?

If you have already read this month, please allow others an opportunity to serve.

Or

“Insert name” has volunteered to do today’s reading from Strengthening My Recovery.

NOTE: In the current script, there are boxes ON SCREEN with prompts for the Chair or Room Host to share the appropriate slide. **Suggestion: This one could read “Meditation Slide”.**

MEDITATION:

“Everyone, please mute your audio now, as we go into our 2-minute silent meditation.

I will welcome you back after two minutes.

Chairperson, set your timer for 2 minutes.

You may click “Mute All.”

After 2 minutes:

“Welcome back, everyone.

It’s now time for us to move into the breakout rooms for sharing.

Today’s Tech Host, insert name, will tell us more about that.”

TECH HOST INTRODUCTION:

“Hello, my name is _____.

To allow more people to share, we will be going into _____ breakout rooms.

In Room 1 will be _____ *[Moderator / Assistant also named]*

In Room 2 will be _____ “

In Room 3 will be _____ “

ETC...

“In a few moments, you will be moved randomly into a breakout room.

Thank you.

NOTE: Please do not send any Broadcast messages

Suggestion: Delete this sentence

IN THE BREAKOUT ROOMS:

“Welcome.

My name is _____, and I will be your Room Host today.

Suggestion: “for today”

[And _____ is our moderator (or assistant)].

Suggestion: Delete this sentence

It’s now time for sharing, on the topic of today’s reading.

Suggestion: Add: ...of today’s reading from Strengthening My Recovery.

Suggestion: Read the title of the day’s reading.

We hold a gentle and respectful space in this meeting.

Please set your timer for 2 minutes.

If you don’t have a timer, just ask, and someone in the group will keep time for you.

Suggestion: Change “someone in the group” to “I”

Please keep your mic muted when you are not speaking and turn your video off, when moving around or doing other activities, while listening.

Suggestion: Change ‘speaking’ to ‘sharing’.

Suggestion: Add the word ‘please’ - please turn your video off

Suggestion: Add: ...other activities ‘that might be distracting to others’ while listening.

We go by a show of digital hands, in the order in which they are raised.

If you are dialing in, press Star-9 to raise your hand and Star-6 to unmute.

Suggestion: “...Star-6 to unmute and again to mute after speaking.”

Suggest addition: " If you're unable to raise your digital hand, at the top of the hour you'll have a chance to just unmute and share."

Suggestion: 'If you cannot raise your digital hand, that will be addressed at the top of the hour'.

We will share until 15 minutes after the hour at which time we will have the self-care part of our meeting.

Suggestion: Add the word 'about' - "until about 15 minutes"

Suggestion: Add: ... our meeting, 'which today is (name the self care reading)'.

Please remember: If using the Chat feature, do not distract from anyone who may be speaking at that time.

Suggestion: change 'speaking ' to 'sharing'.

And we do not cross talk in our sharing or chat - which means, interrupting, referring to, commenting on, or using the content of what another person has said.

Suggestion: Add: ...our sharing or 'in the' chat'.

Suggestion: Change 'said' to 'shared'.

Suggestion: Add: 'To raise your digital hand go to the React button on the bottom of the screen shared'.

Suggestion: Add: 'You may turn on the captions feature to aid in hearing (?) what is shared '.

Suggestion: Add: 'When there are no hands raised we enjoy quiet meditation until someone is inspired to raise their hand'.

Suggestion: When there are no hands raised we return to a meditative silence.

Room Hosts call on participants to share.

Cohosts assist in lowering hands and muting mics after a share.