

REVIEW SESSION 5

Thursday, August 28

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- Adopted suggested changes to the script
 - Suggestions highlighted in green will be addressed at another session
 - (* Suggested deeper look at this part of the script)
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SELF-CARE READINGS
Mon: The Promises
Tues: ACA Affirmations
Wed: Tony A's Steps
Thurs: The Solution
Fri: Feelings Chart
Sat: My Journey
Sun: ACA Bill of Rights

NOTE:

- The Room Host **only times participants who request to be timed.**
(Look at BH spoken Script again..." If you don't have a timer...")*
- If a participant has not indicated that they are timing themselves or if they appear to be a newcomer, the Host may want to silently be mindful of the passage of time.
- They will be able then to gently hold the meeting space... ask participants if they are timing themselves, as needed.
- At the top of the hour, **anyone who is unable to raise their virtual hand, for any reason, may be invited to share**
(Look at BH spoken Script again... in particular, do we want to script the language used at the top of the hour?*
- To avoid crosstalk, you may say something simple, like "Thank you" **to acknowledge** the end of a share, if anything at all.

SELF-CARE READING:

If there are people who had raised hands and did not get to share for 2 minutes, you can invite them to be first to share.

“If you were unable to share, or would like to talk further to another member, you will find a contact list on our group website, acamorning.org.

Suggestion: Add something about direct contact to fellow members.

You will hear more about that in our announcements.

Suggestion: Change: 'in our' to 'during'.

Suggestion: Add: announcements 'back in the main room'.